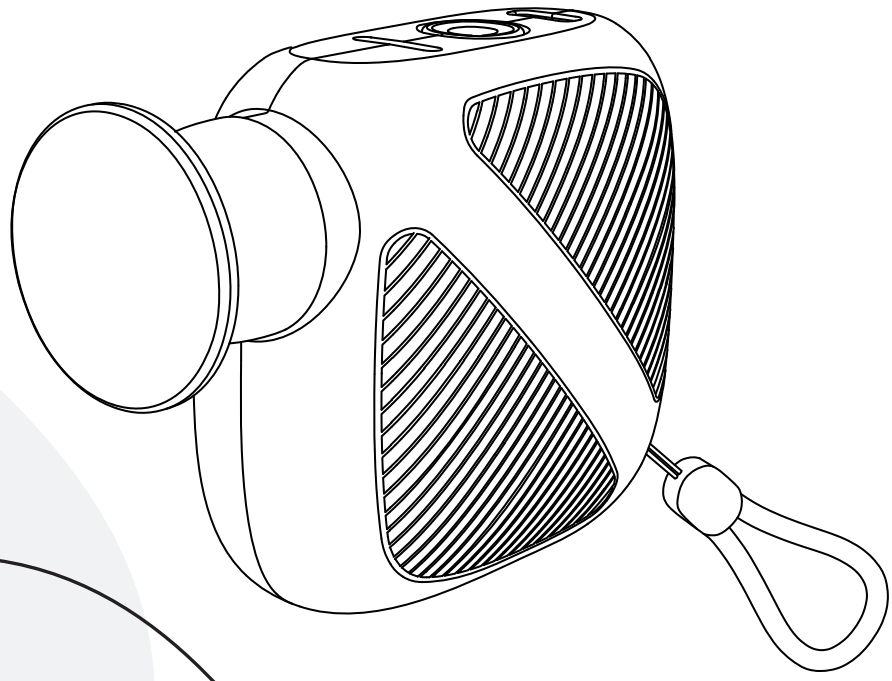
MIKO

PULSE GO

MASSAGE GUN

User Manual



MMH-03C

READ AND SAVE THESE INSTRUCTIONS AND WARNINGS

This product should be used only in accordance with the specifications outlined in this manual. Usage other than what has been specified here may result in serious injury.

ATTENTION!

- The product should never be left unattended when plugged in. Unplug from the electrical outlet /power source when the product is not in use, and before putting on or taking off parts.
- Do not operate the product under a blanket or pillow. Excessive heating may cause a fire, burns, electric shock, or injury to persons.
- Do not use the product if the electrical outlet /power source is loose.
- Do not connect or disconnect the power plug /USB cable from the electrical outlet /power source with wet hands.
- When disconnecting the power plug /USB cable, remove it by holding the plug /USB cable head, and not by the cord / cable.
- Do not operate the product if it has a damaged cord or plug /USB cable, a malfunction, a power failure, or it is dropped into the water. Injury may occur when power is restored unexpectedly. Return the product to Service Centre for examination and repair.
- Keep the product power cord /USB cable away from heated surfaces.
- Do not place the power cord /USB cable under the product or any other heavy objects.

- Do not wind the power cord /USB cable around the product.
- Do not operate the product with the air openings blocked. Keep the air openings free of lint, hair, and the like.
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- To stop using the product, turn off all controls and remove the power plug /USB cable from the electrical outlet / power source.
- Do not drop or insert any object or flammable material into any openings of the product. This may result in electric shock, malfunction, or risk of fire.
- This product can be used by children aged 8 years and above and by persons with reduced physical, sensory, or mental capabilities, or a lack of experience and knowledge, provided they have been given supervision or instruction on the safe use of the appliance and understand the hazards involved. Keep children away when the product is in operation.
- Do not use or operate the product when your body or hands are wet.
- Do not use this product outdoors.
- Do not use the product at temperatures above 40˚C.
- Do not expose the product to heaters, stoves, or direct sunlight.
- Do not cover the product during operation. This may result in a rise in motor temperature and subsequent malfunction or fire.
- If you should use the product in a cold room, do not increase the room temperature abruptly. It is recommended that you increase the temperature gradually to a normal level.

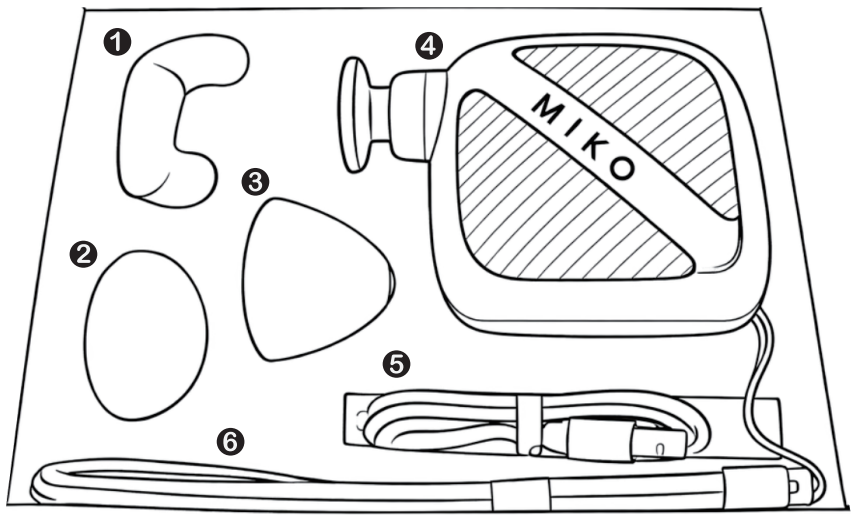
- If the product is brought into a warm environment from a cold place where it was stored, wait for an hour before use as there may be water droplets on mechanical parts due to condensation. Using the product under such conditions may result in malfunction.
- Do not dismantle, drop, or subject the product to shock or vibration.
- Do not rest or place heavy objects on the product as this may result in malfunction.
- Some noise may be heard from the product while in use. This is due to the product's structure and is normal.
- Do not use the product in combination with other therapeutic equipment or electric blanket, etc., as this may result in ineffectiveness or injury.
- Do not fall asleep when using the product.
- When using the product for the first time, start with a gentle massage program and low intensity for a short period to understand the features and determine your preferred intensity.
- Please do not use the product if you are not feeling well or under the influence of alcohol.
- Each auto massage program is designed to last 15 minutes for optimal effectiveness. Ensure that the product rests for 10 minutes before it is being used again as continuous usage over a long period may activate the overheat protection device.
- Stop using it immediately if you experience discomfort, and consult your doctor if you experience any abnormal or severe pain.
- This product is not intended for self-diagnosis or self-treatment of conditions that should be managed by a qualified health care provider.

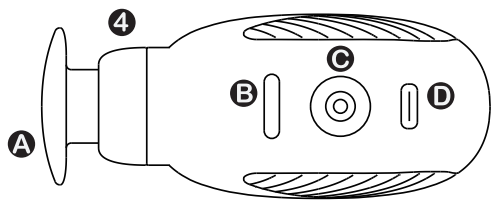
- If you are under any medication or fall into any of the following categories (but not limited to), please consult your health care provider first before use:
  1. Heart diseases
  2. High, or low blood pressure, deep vein thrombosis (DVT)
  3. Pregnant
  4. Diabetes
  5. Individuals fitted with medical implants e.g. pacemaker, automatic implantable cardioverter defibrillator (AICD)
  6. Recently underwent surgical operations, those with any bone conditions like fractures, osteoporosis
- Do not overcharge otherwise it may damage the battery and affect usage.
- The instructions for Class III appliances shall state that they must only be supplied with a safety extra-low voltage corresponding to the marking on the appliance.
- The product must only be serviced or repaired by the Service Centre. Do not attempt to disassemble or repair the product.
- This product contains lithium battery that is only replaceable by a skilled technician. Do not attempt to assemble or repair the product. Contact Service Center for any repair.
- The battery must be removed from the product before it is discarded. The product must be powered off when the battery is removed, and the battery should be safely disposed of. To remove the battery:
  1. Get the service personnel to remove the battery case.
  2. Remove the fixing screws from the battery case.
  3. Open the battery case and remove the battery.
  4. The battery must be recycled by a Service Center or disposed of in accordance with local waste management regulations.

TECHNICAL DATA

Product: PULSE GO MASSAGE GUN
Model number: MMH-03C
Power input: 5V-2A
Weight: 0.23 kgs / 0.5 lbs

GET TO KNOW PULSE GO



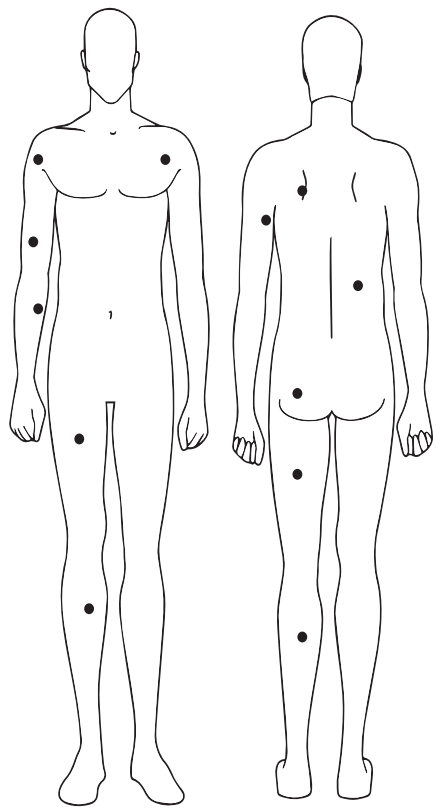


❶ Massage head - Target
❷ Massage head - Comfort
❸ Massage head - Precision
❹ PULSE GO massage gun
❺ Type A to C cable
❻ To go strap

Ⓐ Flat glide head
Ⓑ Intensity/charging indicator
Ⓒ Power/massage intensity button
Ⓓ USB C port

HOW TO OPERATE PULSE GO

- Fitting the massage head first. Slightly tilt the massage head and align the edges before inserting it fully onto the massage head.
- Press and hold the power button to turn on the product. It will starts at massage intensity level 1.
- Press the power button again to cycle through the different levels of massage intensity from level 1 to 4. The product runs for 15 minutes per session.
- Press and hold the power button to turn off the product when not using it.
- Apply gentle pressure to muscle area shown in below is recommended.



⚠ ATTENTION!

- Always power off the device befor remove or change the massage head.
- Do not massage one spot for more than 30 seconds or the same muscle group for more than 10 minutes.
- Do no use the product on neck, or head. Do not use on bones. Use the product only on soft tissue of the body.
- Stop operation immediately if you experience any discomfort.
- To avoid injury, do not touch the head while operation.

HOW TO CHARGE PULSE GO

- Product should be fully charged before first use.
- Only use the USB cable comes with the product to charge.
- The product will not working when it is in charge.
- Each full charge (approximately 2 hours) provides up to 3 hours of usage. Usage time may vary on massage intensity and environmental temperature.
- When the battery is low, the LED indicator will flash along with its intensity level.
- When the battery is fully depleted, the product will automatically shuts down.
- The LED indicator will flash white while charging. And when fully charged, the LED indicator light will constantly on.

HOW TO CLEAN PULSE GO

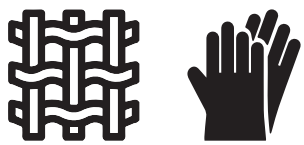
Storage and placement

Keep the product out of reach of children and away from moisture, heat, direct sunlight, and water. If not used for an extended period,cover it with a dust cover.



Clean the product

Clean the product regularly using a dry, soft cloth. The common micro-fiber cleaning materials or gloves are suggested for maintenance.



⚠ ATTENTION!

This product does not support washing. Do not use any wet elements for cleaning.



TROUBLESHOOTING

Issue	Possible causes / Solutions
Product cannot start	• Ensure to press and hold the button for 2 seconds. • Battery is low. Recharge the battery. • Check if the product is in charge. The product won't operating while charging.
The massage stops midway through	• The auto timer function of 15 minutes may have lapsed. • The battery level is low. Recharge the battery before attempting to use the product again. • The force applied on muscle is too strong and cause the safety features to activate. Reactivate product to assure function. • If the product stops due to overheating, wait at least 30 minutes before attempting to use it again.
The product gets hot in hand.	• Stop using product immediately. The overcurrent protection device may have been activated. • Turn off the product and allow it to cool down for at least 30 minutes before touching it again. • If the same problem persists, contact the Service Centre immediately.

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For all comments, questions or complaints reach out to us:

hello@shopmiko.com

www.shopmiko.com

+1-866-201-9816